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The spatial quality of your home influences not only your lifestyle but also your frame of mind. This is also why certain hotels and resorts make for memorable stays. They're designed in a way that makes the best use of space and transforms a room to make it brighter, bigger and more comfortable. And so, if you're looking to intro-

duce some spatial changes into your home, here are some easy-to-execute measures that will lend your abode a fresher look.

• TIPS TO OPTIMISE SPACE

Congested areas at home can be bothersome. However, creative solutions that optimise the functionality of the existing space lead the way forward. For this purpose, Manish Dikshit, founder and principal architect of an

interior design and architectural services consultancy, suggests creating multifunctional areas, which is an essential step toward maximising space for everyday living. "This can be executed with the help of transformable, modular furniture that can increase the flexibility of any space," he notes.

When space is limited, compact, multipurpose furniture is not only your best bet but also an absolute necessity. "For instance, a futon can carve out a cosy nook for two and replace the more imposing and heavier sofa. Similarly, end tables and side tables that can be used as storage cabinets or shelves for displaying showpieces and books are good options," details Anil Badan, the principal architect at a multidisciplinary architecture and interior design studio.

• CONSIDER VERTICAL SOLUTIONS

It's also important to use the space vertically. "Incorporating wall-mounted storage units and tucking furniture into wall niches can help tackle clutter and keep the floor free of any obstacles," shares Dikshit. And so, one must explore the full potential of the walls and ceilings.

As per Abhishek Chadha, CEO and founder of a multi-award-winning interior design company, walls and ceilings pro-



PHOTO STOCK

Make some room with these spatial improvements

Without a doubt, limited space in homes is a ubiquitous issue. However, there are various means and small but impactful ways in which you can make the best possible use of your space

vide numerous opportunities to alter the spatial quality of a room. He elaborates, "Arranging furniture flush against a wall—such as foldable tables and bay windows with seating—can create more space and enhance a room's functionality. Vertical storage units that utilise the height of the walls provide additional floor area." One can also suspend planters and other decor elements from the ceiling to not only elevate the ambience but also create more space with less items on the floor.

However, such measures vary with every room. "Try to get a feel

It's wise to go light and bright with the colour palette. Muted shades for the walls are always a good choice since they make a room appear larger. On the other hand, too many vibrant colours can be very loud and off-putting

of a room's needs. Rooms with higher ceilings allow mounted decor, while larger expanses of walls encourage horizontal treatments," elucidates Rohit Suraj, CEO and founder of a boutique firm specialising in the design, construction, and finishing of spaces.

• BUILD HARMONIOUS LAYOUTS

Nowadays, more people are placing emphasis on decluttering their homes. However, decluttering involves getting rid of not only objects but also distracting design elements to achieve spatial harmony. Due to this, Smriti Raheja Sawhney, founder of an interior design studio, advises against the excessive use of vibrant colours. She explains, "It's wise to go light and bright with the colour palette. Muted shades for the walls are always a good choice since they make a room appear larger. On the other hand, too many vi-

brant colours can be very loud and off-putting." Similarly, other textures and fabrics in the room should be in line with the walls' colours. "The less striking the contrast in the overall colour scheme, the more tranquil and uncluttered the space will feel," asserts Sawhney.

Nevertheless, this doesn't imply that a home should be sparse in decor or vibrant colours. "The key is to utilise decorative pieces as accents and not overcrowd the space, especially when it comes to art. Incorporate a single statement piece rather than a scattered collection. For example, portraits on a bare wall to create an eye-catching focal point is far better than multiple pieces cluttering up a space," opines Robin Sisodiya, founder and principal architect of a multidisciplinary architecture, interior design, landscaping and urban planning firm.

• ENHANCE THE AESTHETICS

There are many elements which can make or break the aesthetics of a room and how spacious it looks. Among these, mirrors serve a vital role, as Chadha believes, "Using mirrors on walls and ceilings is a great way to imbibe the desired spatial quality in a room. Mounting mirrors on walls will reflect light and beautifully illuminate the room."



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